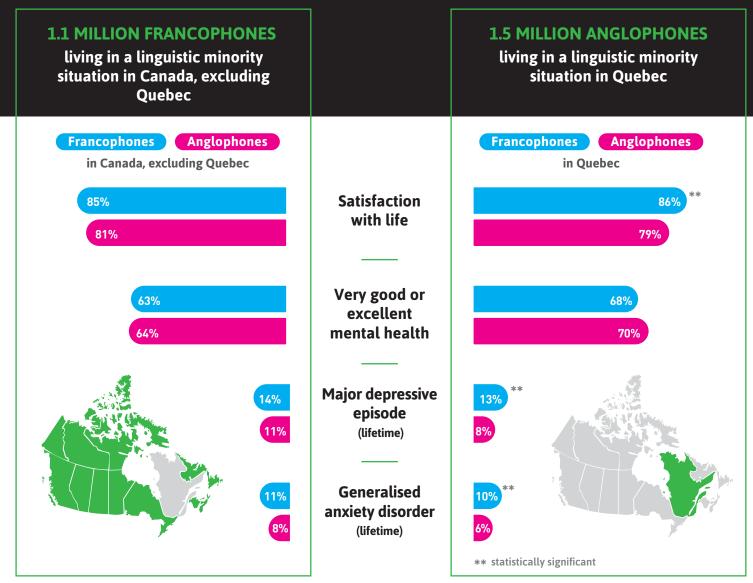


## **MENTAL HEALTH STATUS**

## of Francophones and Anglophones living in minority communities in Canada



**Source:** Canadian Community Health Survey - Mental Health 2012

## **KEY RESULTS**

- Francophones, whether they live in a minority situation or not, say they are more satisfied with life than Anglophones.
- Anglophones and Francophones living in Quebec report better mental health than their counterparts in Canada.
- Francophones, regardless of official language status, report having experienced a major depressive episode in their lifetime as well as symptoms of generalized anxiety more often than Anglophones.